

## Aerobics

Aerobics was first introduced at Camp Hill State Infants and Primary School in 2002.

The popularity of the sport has grown throughout the years with 50 students now being involved. Students have the opportunity to compete in a variety of divisions according to age groups, experience and ability levels.

Camp Hill has had great success at the State School Aerobic Championships winning the Stage 1 category every year since first competing in 2002. Camp Hill teams have also qualified to compete at national level every year and in 2007 were awarded the gold medal for the Stage 1 category, becoming National Champions.

Find out more&hellip;.

Trials are held at the beginning of the school year for students in Years 4 to 7. All students are encouraged to trial.

Skills looked for include strength, flexibility, a sense of rhythm and the ability to dance or move easily.

Teams are then formed based on the students&rsquo; abilities and age.

Uniform requirements are a leotard that is individually fitted, tights, short white socks, white sandshoes and the Camp Hill State Infants and Primary School tracksuit.

- &bull; Photos
- &bull; Diary Dates
- &bull; Training Times
- &bull; Fundraising
- &bull; Uniforms / Costumes
- &bull; Coaches and Managers