

For further advice

- Talk to staff at your child's ECEC service or school
- Speak to your doctor or healthcare professional
- Call 13HEALTH (13 43 25 84)
- Contact your local Public Health Unit
www.health.qld.gov.au/system-governance/contact-us/contact/public-health-units



More information

- Disease prevention in education and care services
www.health.qld.gov.au/public-health/schools/prevention
- Immunisation | Queensland Health
www.qld.gov.au/health/conditions/immunisation
- Staying healthy: preventing infectious diseases in early childhood education and care services 6th Edition
www.nhmrc.gov.au/about-us/publications/staying-healthy-guidelines

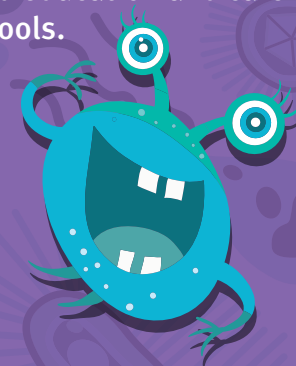


Time Out

for contagious conditions

Keeping children and staff healthy

Information for parents and carers about contagious conditions and exclusion periods in early childhood education and care (ECEC) services and schools.

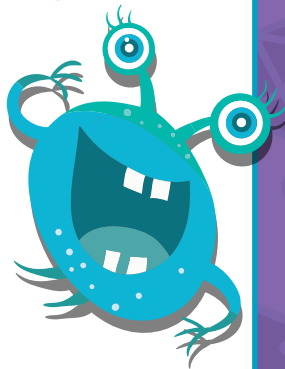


Queensland
Government

Contagious conditions are illnesses that can spread from one person to another. If your child has a contagious condition they may need to stay home or be kept away from their early childhood education and care (ECEC) service or school.

You should keep your child at home when they have any of the following symptoms:

- fever (temperature over 38° C)
- vomiting
- diarrhoea
- rash with fever or other symptoms
- eyes that are watery or have pus
- sore throat with fever
- loss of appetite, tiredness, crankiness or looking pale or unwell.



Take your child to a doctor or call **13HEALTH** (13 43 25 84) if you are worried.

See the Time Out poster (scan QR code) for common contagious conditions and the recommended time children and staff should be kept away or excluded from ECEC services or schools.



The time a person needs to stay away depends on the condition. It is based on how easily it spreads, how likely the child or staff member is to pass it on, and how serious the condition might be.

Responsibilities of ECEC services and schools

Your childcare centre, kindergarten, preschool, school, or outside of school hours service is required by law (*Public Health Act 2005*) to exclude children with certain conditions while they are contagious.

Exclusion of a sick child protects other children and staff from becoming sick.

Exclusion rules help everyone to stay healthy.

How can you protect your child from contagious conditions?

Keep your child at home when they are unwell. Parents and carers can help prevent the spread of germs and infection by:

- ensuring children and other household members wash their hands regularly
- keeping toys and surfaces clean
- keeping up to date with recommended immunisations.