

### Healthy Snacks PRE-ORDER or Over the Counter

Apple slinky (GF)	\$2.00
Orange Half (GF)	\$1.50
Frozen fruit treats (GF)	\$2.00
Carrot & cucumber sticks, cheese, crackers & dip (GF)	\$3.00
Savoury Snack Pack (salami/cheese/crackers)	\$3.00
Rainbow Fruit Bowls (1 <sup>st</sup> and 4 <sup>th</sup> Terms Only)	\$5.00
Vanilla yogurt cup (GF)	\$2.50
Berry crunch yogurt cup	\$3.00

### Occasional Treats PRE-ORDER or Over the Counter

*Some Ice blocks are NOT AVAILABLE for Prep – Year 2 unless for Birthday Orders*

Vanilla sponge cake (GF)	\$3.00
Homemade Chocolate muffin (GF/DF)	\$2.00
Banana bread	\$1.50
Hot Cinnamon Donuts (GF)(V)	\$2.00
Chips (GF)	\$2.00
Popcorn (GF)	\$2.00
Ice many (GF)	\$1.50
Fruit ice cup (GF)	\$1.50
Ghost Drops (GF)	\$1.00
Fruity Ices (GF)	\$0.50
YoTwist Frozen Yoghurt (GF)	\$2.50
Vanilla Ice Cream Tub	\$1.50
Lemon Sorbet	\$2.00

### Drinks PRE ORDER or Over the Counter

600ml water (GF)	\$1.50
Sparkling Mineral Water (GF)	\$2.00
250ml Iced Tea	\$2.50
250ml Pop Top (GF)	\$2.50
Krazy lemon (GF)	\$2.50
Plain milk (GF)	\$1.70
Flavoured milk (GF)	\$2.50

### Birthday Orders PRE-ORDER through Flexischools ONLY

#### 7 Days' Notice Required

Jelly Sticks x 25 pack <b>OR</b> Rainbow Lollipops x 25 pack	\$5.00
Fruity Ices x pack of 25 (GF)	\$10.00



## MENU

Order online using Flexischools by 8.00am

[www.flexischools.com.au](http://www.flexischools.com.au)

#### Tuckshop Contact Information:

**Tuckshop Convenor:** Ms Sharyn Howe

**Ph:** (07) 3900 9429

Mon – Fri 8.30am to 2pm

**Email:** [tuckshop@camphillpandc.com.au](mailto:tuckshop@camphillpandc.com.au)

*Volunteers needed 9am till 11am – even just once a month*

**ALL WELCOME!**

*Mums, Dads, Carers or Grandparents*



*Become part of the School Community  
Your kids love seeing you there!*



## Meal Deals PRE-ORDER ONLY

### Monday / Wednesday Deals:

- Hamburger **OR** chicken burger meal with orange quarters **OR** muffin & a 250ml poptop **OR** 600ml water. \$8.00
- Hamburger **OR** chicken burger only \$6.00

*All burgers come with lettuce, tomato, cucumber and carrot. Your choice of mayonnaise, tomato or BBQ sauce. Cheese and beetroot can be added for additional cost.*

### Tuesday / Thursday Deals:

- Hotdog with tomato or BBQ sauce **OR** 6 chicken nuggets meal with banana bread **OR** frozen fruit treats & a 250ml poptop **OR** 600ml water \$6.00
- Hotdog **OR** 6 chicken nuggets only \$4.00

### Friday Deals:

- Homemade sausage roll **OR** Homemade pizza: Ham & Cheese, BBQ Meatlovers or Cheese with Icy Fruit Cup **OR** apple slinky & a 250ml poptop **OR** 600ml water \$6.00
- Homemade sausage roll **OR** homemade pizza only \$4.00

## Everyday Hot Food available Monday to Friday PRE-ORDER ONLY

Homemade Pasta Bolognese <b>(GF)</b>	\$5.00
Homemade Macaroni Cheese with peas and corn <b>(GF)</b>	\$4.00
Garlic naan	\$2.00
Cheesy Garlic Naan	\$3.00
Mozzarella Sticks (3 pcs)	\$3.00
Potato gems (10) <b>(GF)</b>	\$2.50
Crispy Chicken/Lettuce/Mayo Wrap	\$4.00
Snack Pie	\$3.00
Chicken Wing Dings (2 pcs) <b>(GF)</b>	\$3.00
Sauce (Tomato/BBQ)	\$0.50

SUSHI is available every day. Please order Sushi using Flexischools to see the amazing range on offer. (Once ordered sushi cannot be refunded)

We are a **nut aware Tuckshop** and we also take great care to use separate preparation tools to provide gluten friendly (GF) options however products containing gluten are produced on our premises. If your child/ren has a Food Allergy or Anaphylaxis plan and/or food intolerances, please provide details to our Tuckshop Convenor. Our aim is to provide a great range of inclusive options.

## Sandwich Bar PRE-ORDER ONLY

*All sandwiches are made using multigrain or white bread.*

**Gluten friendly bread/wrap available at additional cost** (Refer to extra fillings)

Ham <b>(GF)</b>	\$3.00
Chicken – breast meat <b>(GF)</b>	\$4.00
Cheese <b>(GF)</b>	\$3.80
Salad (lettuce, tomato, carrot, cucumber) <b>(GF)</b>	\$4.00
Tuna	\$4.00
Vegemite or Jam	\$3.00
Egg	\$3.50

### Extra Fillings / Options PRE-ORDER ONLY

Cheese <b>(GF)</b>	\$1.00
Lettuce <b>OR</b> tomato <b>OR</b> cucumber <b>OR</b> beetroot <b>OR</b> carrot <b>(GF)</b>	\$0.80
Avocado	\$1.20
Pineapple <b>(GF)</b>	\$0.80
Mayo <b>(GF)</b>	\$0.60
Slice of ham <b>(GF)</b>	\$2.00
Chicken <b>(GF)</b>	\$2.50
Tuna <b>(GF)</b>	\$2.50
Toasting	\$0.50
<b>Gluten Friendly Bread</b>	\$1.60
Wrap	\$1.00
<b>Gluten Friendly Wrap</b>	\$1.60

### Sensational Summer Salads PRE-ORDER ONLY

Garden Salad-lettuce, tomato, cucumber, carrot, beetroot, cheese & dressing <b>(GF)</b>	\$5.00
Greek Salad-tomato, cucumber, olives, Spanish onion, feta, lettuce & dressing <b>(GF)</b>	\$5.50
Caesar Salad - lettuce, bacon, parmesan cheese, croutons, dressing <b>(GF - Remove croutons)</b>	\$5.50

### Salad Add On PRE-ORDER ONLY

Chicken/Ham <b>(GF)</b>	\$2.00
Tuna <b>(GF)</b>	\$2.50